

Six Item Cognitive Impairment Test (6CIT)

MindWell

(6CIT - Kingshill Version 2000, Dementia screening tool)

Patients details:

Date: _____

Name of accessor: _____

| Question | Score range | Score |
|----------------------|--|-------|
| 1. What year is it? | 0-4 Correct – 0 points Incorrect – 4 points | |
| 2. What month is it? | 0-3 Correct – 0 points Incorrect – 3 points | |

Give the patient an address phrase to remember with 5 components,
eg John, Smith, 42, High St, Bedford

| | | |
|--|---|--|
| 3. About what time is it? (within 1 hour) | 0-3 Correct – 0 points Incorrect – 3 points | |
| 4. Count backwards from 20 to 1 | 0-4 Correct – 0 points 1 error – 2 points More than 1 error – 4 points | |
| 5. Say the months of the year in reverse | 0-4 Correct – 0 points 1 error – 2 points More than 1 error – 4 points | |
| 6. Repeat the address phrase | 0-10 Correct – 0 points 1 error – 2 points 2 errors – 4 points 3 errors – 6 points 4 errors – 8 points All wrong – 10 points | |

Outcome from score:

0-7 = Normal

Referral not necessary at present

8-9 = Mild cognitive impairment

Probably refer

10-28 = Significant

cognitive impairment

Refer