




1 March 2022

Transforming Community Mental Health in Leeds

Staff information and discussion sessions

-  Please mute your microphone unless you're speaking.
-  Too many people for questions as we go along. Please put them in the chat.
-  All voices matter in the conversation today.



NHS



Leeds
CITY COUNCIL



Forum
Central

Delivered in partnership across the Voluntary and Community
Sector and the NHS in Leeds and Leeds City Council



Plan for today



Time	What
15.30 – 15.40	Welcome, plan for the day and context
15.40 – 16.15	Transforming community mental health in Leeds <ul style="list-style-type: none">• Why does this matter?• What are we doing?• How are we doing this?
16.15 – 16.20	Introduction to break out discussions
16.25 – 16.55	Break out discussions
16.55 – 17.00	Next steps and close

Why are we here?



Tell you more about work that's happening across Leeds to improve community mental health services.



Hear your thoughts on this work as it's starting (start of a conversation...)



Share information about next steps and timescales.

We're starting from a strong place...



- Involving people with lived experience from the start
- Partnership approach
- Primary Care Mental Health already rolled out
- Community Mental Health Redesign improvements so far
- Strong and diverse voluntary and community sector in Leeds
- Wealth of community assets to draw on
- Strength based approach across how we work
- Developing trauma informed approach across how we work



Health warnings...

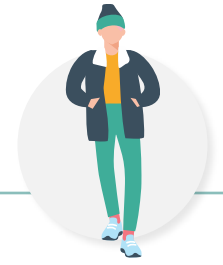


This is a big, three year improvement project. So...

- We might not have all the answers because we still need to co-create what the new model of care looks like.
- This is an iterative improvement process. We want to test and learn as we go. We can't do everything at once and we won't always get things right.
- This is complex and hard – and we're doing it during a pandemic....so we need to be flexible and pragmatic.



Why is change needed?



We need mental health care and support that responds to all of people's needs (psychological, physical, social) so people can live fulfilling lives, with access to the right care and support when and where they need it.



Who are we trying to improve care for?



Adults and older people who have ongoing and complex mental health needs* **

* Policy guidance refers to 'Serious mental illness' (SMI)

** Children are out of scope, but we need to pay attention to transitions and ensure we have effective pathways in place.



Our vision for Leeds



Create a radical new model of joined-up primary and community mental health that responds to local populations' needs and will remove barriers to access, so that people can:

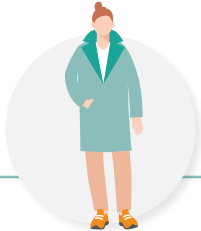
- Access care, treatment and support as early as possible
- Live as well as possible in their communities.



Shared approach to move from this...



To this...



Trauma informed approach

Integrated community Mental Health Hub



Clearer path into more specialist support as needs change

Assets -based

Individual & carer, family & friends

Community groups and networks

Multi-disciplinary Team



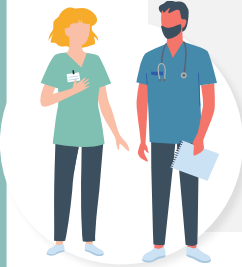
Access to a range of interventions

- Holistic assessment
- Personalised care planning

- Physical health
- Psychological therapies
- Social support

Named key worker

To support individuals



How will we design this?

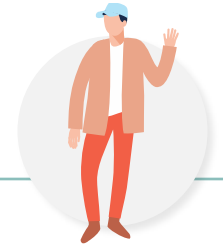


90 Day Learning Cycle = a systematic approach to exploring complex challenges, which may not have a clear starting point or proposition.



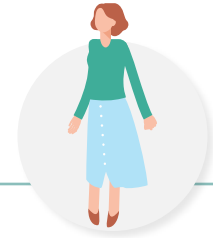
Note: Dates have been revised to reflect pause due to system pressures.

What does this mean in practice?



- Phased approach to changes – we try things, we learn, we adapt.
- In practice, changes likely to start to take place from April 2022 in a small number of areas first as we pilot new ways of working.
- This is about staff working together in a different way; it's not about cutting services.
- Gradually roll out further across next 2-3 years.

Our plan to take forward



Test

Adapt

Learn

Dec 21 - July 22

Design the 'hub' model

July 22 onwards

Start testing the hub model in three pilot Local Care Partnerships: West Leeds, HATCH (Chapelton and Burmantofts, Harehills and Richmond Hill) and Leeds Student Medical Practice and the Light

Expand to four more Local Care Partnerships. Continue to develop pathways into specialist services.

April 23 – March 24

Further roll this out across Leeds.

If we get this right, what will be different?*



Clearly defined pathways



People will no longer be “bounced” around from service to service – where they are constantly assessed by different services



People have a fulfilling life



Staff feel they are valued belong to something, have a purpose and able to make an impact. This will come through to better outcomes for patients.



People feel listened to, like a human not a label.

*Source: Engagement events July 2021. Question asked ‘if we get this right, what will be different in three years time?’

Breakout discussions



Introduction to break out discussions



- We will put you into break out rooms in groups
- Each group has a facilitator who will talk through 2 questions with you
- We will come back together for the last 5 minutes



Discussion questions



What's your reaction to what you've heard today?

1

Based on what you have heard today, what are the key things that a new model like this will need to take into account?

2

Next steps



- Slides from today will be shared.
- Feedback from all sessions will be written up.
- **SAVE THE DATE** - Workshops planned to share what's coming out of the 90 day work -
 - March 30th 11.30 – 12.30
 - May 11th 11.30 – 12.30



Email: cmhtransformation.lypft@nhs.net



Website: [How community mental health is being transformed in Leeds - MindWell \(mindwell-leeds.org.uk\)](https://mindwell-leeds.org.uk)

Thank you and close

