

# Transformation Update



## Welcome to edition 3.1

Welcome to the third edition of Transformation Update, which includes an update on go live dates for the early implementer integrated community mental health hubs and other brief information about work we are doing across Leeds.

Please use the QR code repeated in this bulletin to link further information published on the transformation pages on the Mindwell website.

## Update from the Transformation Board

Dear colleague,

We hope this message finds you well.

As a programme board we are writing to provide a further update about Community Mental Health Transformation and timescales.

Everyone has been working really hard together to develop models and build stronger partnerships to enable us to provide better, more integrated care for the people of Leeds. The work you have done and commitment you have shown is already paying dividends and some of the historic barriers in how best we offer support to people are being addressed. It's clear that everyone is committed to going further and heading for genuine transformation so that the impact of what we do benefits and improves things for people.

At our partnership board meeting last week, there were a number of issues and risks that still need to be worked through to enable us to launch our go live of the early implementer sites. This is because we need to make sure that how we work is safe and effective and enables all of the people working in the service to be clear about the arrangements that support them day to day.

There are activities planned for this week where key individuals are aiming to assess and address these residual concerns, risks and issues and we are hoping that by the end of the week, into next week, we will have a better picture of our readiness to "go live". We all want to make this happen – because of the work and commitment of all of you, and because ultimately, we are aiming to better support the people of Leeds through these changes. We know that you will similarly want to be sure that we make improvements that enable safe and effective care.

The people who have been engaging with you so far, will continue to keep you up to date with what this means for you individually and for the team you are working with now and in the future. We are anticipating this will mean a further delay in the start of go live but will know more week commencing Monday 23 October.

We know that staff who will be moving into the three early implementers are currently holding provisional induction dates in their diary of Monday 20 and Tuesday 21 November. Please continue to hold these dates and we will confirm once the discussions above have taken place.

We remain committed to working together as a partnership across the NHS, Leeds City Council and Voluntary and Community Sector, so that we can improve care and outcomes for people who need and use our services, and who care for our service users and patients.

# The Leeds model

The NHS in Leeds, Leeds City Council and voluntary and community organisations are working in partnership to create a radical new approach of joined-up primary and community mental health services and support that will provide local people with:

- Access to care, treatment and support as early as possible.
- The support they need to be able to live as well as possible in their communities.

The Leeds model design encompasses all sectors so that we:

- Build on the good stuff we already have in Leeds – Primary Care Mental Health.
- Simplify referrals
- Have an initial helpful conversation with people accessing the service to discuss their needs and how they can best be met.
- Embed trauma – informed care across all our work and ways we deliver services and support to people.
- Integrate existing offers across primary care mental health, community secondary care and broader social support and multi-agency care.
- Deliver these benefits through a multidisciplinary team, involving GPs and PCN staff.

The early implementer hubs will be in the following Local Care Partnerships (LCPs):

- West Leeds
- HATCH – which includes Burmantofts, Richmond Hill and Harehills and Chapeltown Primary Care Networks (PCNs)
- Leeds Student Medical Practice (LSMP) and the Light.

Some initiatives have already been introduced and we will test and learn from these and the hubs over the next few months.



## Older people's services

Work is continuing on developing the model for transformed community mental health services for older people in Leeds. Meetings are taking place with stakeholders to discuss connections with older people's services (OPS) and ensure the model reflects their needs in their communities.

People using Leeds and York Partnership NHS Foundation Trust OPS, and their carers, as well as colleagues working in the services are not affected by changes being made to services for working age adults.

## Workforce training and induction

Colleagues working in the hubs multi-disciplinary teams have been taking part in training sessions and fortnightly information drop-in sessions in preparation for induction days at the start of the go live week in November. Frequently asked questions raised at the drop-in sessions will be circulated to stakeholders to be shared with colleagues.

The training programme started in October and continues into November, with subjects covered including:

- trauma-informed admin
- formulation
- trauma and complexity

More than 100 colleagues will be attending two induction days on Monday 20 and Tuesday 21 November, during which they will take part in team-building exercises and make personal commitments before moving their focus out to their hub localities.

Carers and people with lived experience have been closely involved in planning and delivering the training and induction programme.

Hub teams will continue to be supported with fortnightly professional development sessions (CPD) covering a range of subjects.

# Trauma-informed guidance aims to remove barriers to access



Trauma-informed guidance has been produced for healthcare practitioners in Leeds through a partnership between The Leeds Visible Project, which provides trauma-informed leadership for transformation in the city, and the BHR Primary Care Network. (Click on the following links for [The Leeds Visible Project](#) and [BHR Primary Care Network](#)).

The guidance is an early result of work undertaken by the partnership recognising and addressing the relationship between physical and mental health needs. It was co-produced by experts in experience and experts in profession and is currently being shared widely across Leeds' healthcare networks.

The two organisations are exploring ways in which service users with a background of childhood sexual abuse can have their needs better met, for example, by removing systemic barriers to access. People with trauma histories often avoid healthcare appointments because they find relationships and physical touch triggering and distressing.

## Round two grants launch

Round two of the Transforming Mental Health Grants is being launched on Monday 30 October, following on the success of the first round earlier this year.

The grants have been developed as part of the community mental health transformation. Click on the following links for partner organisations [Leeds Community Foundation](#) and [the Integrated Care Board \(ICB\)](#) in Leeds.

A total of £415,000 is available, split between five specific focus areas each with grants of up to £50,000 and a 'pot' that is more open and focuses on hyper-local provision, where organisations can apply for up to £20,000.

Third sector organisations are invited to apply for the grants to fund activities and support for people with complex mental health needs.

The five focus areas for the pots supporting health and wellbeing are:

- Black men
- Older people
- Young people transitioning into adult services
- People with access needs
- People most impacted by the cost-of-living crisis.

The online launch of this second round will set out the vision and criteria for the grants and provide the opportunity to ask questions. Email [hello@forumcentral.org.uk](mailto:hello@forumcentral.org.uk) for an invitation.



# Healthwatch Leeds - wave two engagement

Following on from its engagement with the first three early implementer Local Care Partnerships (LCPs), Healthwatch Leeds is preparing to engage with the communities in the next wave of LCPs where work to transform community mental health services will start in 2024. Click on the following link to see the [Healthwatch engagement report](#). These wave two LCPs are:

- Armley
- Beeston and Middleton
- Bramley, Wortley and Middleton
- Woodsley and Holt Park.

The organisation will be taking a survey to four LCP areas in inner west Leeds to find out what people want and expect from mental health services locally, whether they are living with a mental health condition or care for someone who does. Healthwatch Leeds will also be gathering a handful of case studies from men, people of working age, people of faith and the LGBTQ+ community to support the wider work being undertaken by the Involvement Team.

The work is currently due to start in November. For more information or to support this project, please contact Anna at [anna@healthwatchleeds.co.uk](mailto:anna@healthwatchleeds.co.uk) or phone 0113 898 0035.

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