

Community mental health care in Leeds

# Information for service users and carers about possibly transferring to a new worker



This information has been written for people who use community mental health services in areas of Leeds where those services are being improved within the next few months.

You (or your carer) have been given a copy because the improvements mean there are some changes to the services you are currently using. Please read this leaflet to find out more about what these changes may mean for you.

You may have heard your community mental health team (CMHT) worker or mental health worker refer to “community mental health care transformation”. Transformation is happening nationally to improve the way that community mental health care and support is planned and delivered. These changes are aimed at helping people in Leeds receive the right care at the time that is right for you. They will also help to prevent you from being referred to lots of services before you get to the place that can best meet your needs. The changes have been designed by

- local GPs
- primary care mental health teams
- community mental health teams
- people with lived experience and carers
- voluntary and community organisations.

They have worked together to plan services that improve local care and support so that it is provided in a joined-up way to help you to live a more fulfilling life in your community.

## What are these changes?

Local mental health services will be working more closely with each other and your GP surgery, so that they can focus on your community's specific mental health needs. This could mean a change in worker/s who are currently supporting you with your mental health and is called a ‘transfer’. There will be no change to your current GP surgery.

## How will this transfer happen?

This transfer will happen as sensitively as possible, making sure that it is at the right speed for you and so that you have the chance to get to know your new worker.

Your current worker will tell your new worker everything they need to know about you and your care needs.

## When will it happen?

If you do need to transfer to a new worker, you will be told in plenty of time so that you can get used to the idea. Your current worker will contact you.

## What happens if I don't like the idea?

We understand that change can be difficult, especially if we feel it is something we cannot control. The NHS in Leeds, Leeds City Council, people with lived experience, carers, voluntary and community organisations have worked closely together over many months to design the new community mental health care and support. They have shared, discussed and challenged ideas before agreeing what changes should be made.

If you are told you are being transferred and are worried about what this means, please talk to your worker so you can try to put your mind at ease.

Or you can contact a service manager if you still feel unsure. Your worker will give you contact details.

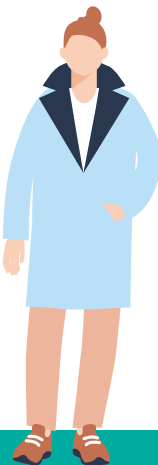
If you are still worried, you can contact the Leeds and York Partnership Foundation NHS Trust (LYPFT) Patient Advice and Liaison Service (PALS). Contact details are:

**Tel:** 0800 052 5790

**Email:** [pals.lypft@nhs.net](mailto:pals.lypft@nhs.net)

**Or write to:**

The PALS Office, Becklin Centre, Alma Street, Leeds LS9 7BE



## More information

You can read more about transformation on the Mindwell Leeds website by using the QR code below, or search online using mental health transformation Leeds.



There is also a short video about community mental health transformation on the Mindwell Leeds website.

[www.mindwell-leeds.org.uk/transforming-community-mental-health-services/](http://www.mindwell-leeds.org.uk/transforming-community-mental-health-services/)

