

Community mental health care in Leeds

Information for service users and carers about improvements to community mental health care in Leeds

Community mental health care in Leeds is changing

Community mental health care and support for adults and older people with complex and ongoing needs (and their carers) in Leeds is changing to:

- Be more responsive to local people's social care needs.
- Make different services more joined up, so they work together.

Why are these changes being made?

These changes will:

- Make it easier to use mental health and care systems.
- Prevent people from falling in the gaps between services.
- Support people's psychological, emotional and physical needs.

How and when are these changes happening?

- Some improvements are already happening. We will place teams in more communities around Leeds during 2024 and 2025.

What do these changes mean for me?

Expertise, care and support will be provided by community teams from a wide range of different organisations.

We will work closely with you to:

- Understand more about what has happened to you and what you need to help you to move forward.
- Remove barriers that prevent you from living a fulfilling life.

Examples of care and support you can use will include:

- Social and community support from more services, including housing, employment, money advice and benefits.
- Psychological therapy. This could be provided in a group or one to one.
- Information about your medicines.
- Support attending health appointments.
- Helping you to build positive connections with your networks and wider communities.

More information

You can find more information on the Mindwell Leeds website by scanning the QR code below with your smartphone or search online using **mental health transformation Leeds**.

There is also a short video about community mental health transformation on the Mindwell Leeds website.



www.mindwell-leeds.org.uk/transforming-community-mental-health-services/

Changes to community mental health services in Leeds are being designed and delivered by a partnership of voluntary and community sector organisations, people with lived experience, carers, the NHS in Leeds and Leeds City Council.